



Emmanuel Church

The Episcopal Church on Mercer Island



Byzantine icon, Manuel Panselinos, 13th or 14th century

THE HOLY EUCHARIST

THE THIRD SUNDAY IN LENT

MARCH 8, 2026

WELCOME GUESTS & VISITORS



We are grateful that you have joined us!

Some notes that may be of help in getting to know us may be found on the inside back cover of this worship leaflet. All that you will need to take part in worship may be found here in this worship leaflet and in the blue Hymnal 1982.

Please let us know how we may better welcome you.

THE HOLY EUCHARIST

10:00 PRELUDE - String Trio III, 2nd movement, Andante quasi Allegretto Beethoven

10:00 PROCESSION - Hymnal 1982, #658 "As long as the dear for cooling streams"

A PENITENTIAL ORDER

The people standing, the Celebrant says

Bless the Lord who forgives all our sins.

People **God's mercy endures for ever.**

The Decalogue *All kneel, as able, or sit.*

Celebrant Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

People **Amen. God have mercy.**

Celebrant You shall not make for yourself any idol.

People **Amen. God have mercy.**

Celebrant You shall not invoke with malice the Name of the Lord your God.

People **Amen. God have mercy.**

Celebrant Remember the Sabbath Day and keep it holy.

People **Amen. God have mercy.**

Celebrant Honor your father and your mother.

People **Amen. God have mercy.**

Celebrant You shall not commit murder.

People **Amen. God have mercy.**

Celebrant You shall not commit adultery.

People **Amen. God have mercy.**

Celebrant You shall not steal.

People **Amen. God have mercy.**

Celebrant You shall not be a false witness.

People **Amen. God have mercy.**

Celebrant You shall not covet anything that belongs to your neighbor.

People **Amen. God have mercy.**

Celebrant Let us confess our sins against God and our neighbor.

Minister and People Most merciful God, our Creator,
we have erred and strayed from your ways like lost sheep,
we have followed too much the devices and desires of our own hearts,
we have offended against your holy laws,
we have left undone those things which we ought to have done,
and we have done those things which we ought not to have done.
Even so, have mercy on us,
spare all who confess their faults,
restore all who are penitent,
according to your promises declared unto us
in Christ Jesus our Savior;
and grant, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of your holy Name. Amen.

The Kyrie

8:00 a.m. *In unison, kneeling as able.*

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

10:00 a.m. *All sing*

Lord, have mer - cy up - on us. Lord, have mer - cy up -
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -
on us. Lord, have mer - cy up - on us.
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

The Absolution

Celebrant

The God of all knowing and all mercy grant you forgiveness of all your sins,
true repentance, amendment of life, and the grace and consolation of his
Holy Spirit. *Amen.*

THE COLLECT OF THE DAY

Celebrant God be with you.

People **And also with you.**

Celebrant Let us Pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

THE LESSONS

A READING FROM THE HEBREW SCRIPTURES – Exodus 17:1-7

Lector A reading from the Book of Genesis.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

Lector Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

THE PSALM – 95

8:00 Read Responsively, 10:00 Sung by The Choir

1. Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
2. Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.
3. For the Lord is a great God, *
and a great King above all gods.
4. In his hand are the caverns of the earth, *
and the heights of the hills are his also.
5. The sea is his, for he made it, *
and his hands have molded the dry land.
6. Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.

7. For he is our God, and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!
8. Harden not your hearts, as your forebears did in the wilderness, *
at Meribah, and on that day at Massah, when they tempted me.
9. They put me to the test, *
though they had seen my works.
10. Forty years long I detested that generation and said, *
"This people are wayward in their hearts; they do not know my ways."
11. So I swore in my wrath, *
"They shall not enter into my rest."

A READING FROM THE EPISTLES – Romans 5:1-11

Lector A reading from the Letter of Paul to the Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Lector Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

10:00 THE GRADUAL – Hymnal 1982, #685 “Rock of ages, cleft for me” *All stand.*

THE HOLY GOSPEL – John 4:5-42

Priest God be with you.

People **And also with you.**

Priest The Holy Gospel of our Savior Jesus Christ according to John.

People **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?"

Continued ...

Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.” Jesus said to her, “Go, call your husband, and come back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.” Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him. Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest?’ But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Priest The Gospel of our Savior.

People **Praise to you, Lord Christ.**

THE SERMON Mr. Jeff Zantek

THE NICENE CREED *All stand, as able, and say together*

Enriching Our Worship

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,

of one Being with the Father;
through him all things were made.

For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit
and the Virgin Mary
and became truly human.
For our sake he was crucified under
Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the
Father.

He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord,
the giver of life,

who proceeds from the Father,
who with the Father and the Son
is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and
apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The Intercessor begins: With all our heart and with all our mind, let us pray, saying "God, have mercy."

For the holy peace from above and the loving-kindness of God to be known in us and through us; for Sarah, Archbishop of Canterbury, for our Presiding Bishop, Sean, our Bishop, Phil, and the people and clergy of this parish and diocese; and for the unity and witness of the Church throughout the world: Let us pray. **God, have mercy.**

For the integrity and wisdom of all who serve and lead, in our communities, in our state and nation, and throughout the world; for peace and greater mutual understanding wherever there is conflict: Let us pray. **God, have mercy.**

For those without work or homes; for migrants and prisoners; for all who are vulnerable, in danger or fearful, and those who advocate and care for them: Let us pray. **God, have mercy.**

For those for whom our prayers have been asked, including _____, and others known to us for whom we now pray aloud or silently. [Pause.] Let us pray. **God, have mercy.**

For the faith, hope and delight of those celebrating birthdays today or in the coming week, including _____, and recalling as well, aloud or silently, our other thanksgivings. [Pause.] Let us pray. **God, have mercy.**

For the dying; for all who have died in the hope of the resurrection; and for all the departed [including _____]: Let us pray. **God, have mercy.**

The Celebrant adds the following, or another Collect.

Direct us, O Lord, in all our doings with your most gracious favor, and further us with your continual help; that in all our works begun, continued, and ended in you, we may glorify your holy Name, and finally, by your mercy, obtain everlasting life; through Jesus Christ our Lord. *Amen.*

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.** *Please share the Peace of Christ with others.*

ANNOUNCEMENTS

THE LITURGY OF THE TABLE

Part of our spiritual practice as Christians is to support the mission of the church through financial donations. You may give in the plate or online using PayPal. To donate via PayPal, simply scan this QR code and follow the instructions.



Information on receiving Communion may be found on page 10.

10:00 OFFERTORY - Variations in G minor for String trio, Lento

Borodin

10:00 OFFERTORY HYMN – Hymnal 1982, #343 “Shepherd of souls, refresh and bless”

THE GREAT THANKSGIVING *Eucharistic Prayer A, The Book of Common Prayer (Expanded Language)*

The People remain standing, as able.

Celebrant God be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth.

Through Jesus Christ our Savior, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

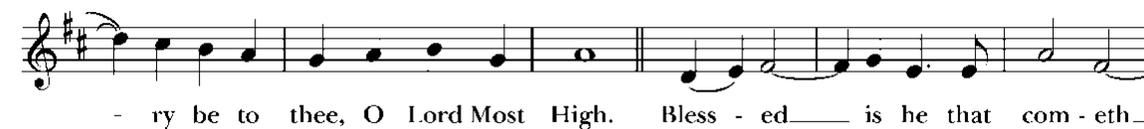
8:00 Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

10:00





The People stand or kneel as the Celebrant continues

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker and of all. Jesus stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Celebrant and People **Christ has died.**
Christ is risen.
Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ’s death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now as our savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come, thy will be done,
 on earth as it is in heaven.
 Give us this day our daily bread.
 And forgive us our trespasses,

as we forgive those who trespass against us.
 And lead us not into temptation,
 but deliver us from evil.
 For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread. A period of silence is kept.

THE AGNUS DEI

8:00 *Celebrant* Lamb of God, you take away the sin of the world,
People have mercy on us.
Celebrant Lamb of God, you take away the sin of the world,
People have mercy on us.
Celebrant Lamb of God, you take away the sin of the world,
People grant us your peace.

10:00

O Lamb of God, that ta - kest a -
way the sins of the world, have mer - cy up -
on us. O Lamb of God, that
ta - kest a - way the sins of the world, have
mer - cy up - on us. O Lamb of
God, that ta - kest a - way the sins of the
world, grant us thy peace.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to participate in communion at Emmanuel. Primarily our communion takes place at the altar rail. You can stand or kneel. If you want to abstain from the bread or wine, please cross your arms over your chest to receive a blessing. Gluten-free wafers are available. If the steps to the altar rail present a challenge for you, you may stand at the bottom of the stairs, or ask an usher to have communion brought to you in your seat.

10:00 COMMUNION HYMN – Hymnal 1982, #686 “Come, thou fount of every blessing”

POST-COMMUNION PRAYER. *Please stand or kneel as you are able.*

Celebrant Let us pray.

All Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Christ, and heirs of your eternal kingdom. And now, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

BIRTHDAYS, ANNIVERSARIES, AND GENERAL THANKSGIVINGS

Those celebrating a birthday or anniversary are welcomed to come forward. Led by the Celebrant, all pray:

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes all understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

THE SOLEMN PRAYER OVER THE PEOPLE & THE BLESSING

Celebrant Let us humble ourselves before our God.

Look mercifully on this your family, Almighty God, that by your great goodness we may be governed and preserved evermore; through Christ our Lord. **Amen.**

May the blessing of God Almighty, Father, Son and Holy Spirit, abide within you, be known among you, and go forth with you into the world, now and always. **Amen.**

10:00 PROCESSION – Hymnal 1982, #690 “Guide me, O thou great Jehovah”

THE DISMISSAL *All respond:* **Thanks be to God.**

VOLUNTARY – String Trio III, 3rd movement, Menuetto, allegro

Beethoven

Welcome Guests & Visitors

+ Welcome to the Episcopal Church. The mission of the Episcopal Church, as stated in our Book of Common Prayer, is “*to restore all people to unity with God and each other in Christ.*” We seek to follow Jesus in loving and life-giving relationships with God, with one another, with all people, and with all God’s creation.

+ Welcome to Emmanuel Episcopal Church. We trace our history on Mercer Island to a first worship service in 1909 and to a prior church building, built in 1914, in an area of the island once known as East Seattle. We have met, worshiped, served at and gone forth in faith from the present church since 1959.

+ Welcome to Getting Around Here. ♦ **Our nursery and ministries with young children** are offered in various ways at various times. Please inquire with an usher, the clergy or other parents, or look for information on our website.

♦ **An accessible restroom** may be found across from the stairway outside the west doors of the narthex (the gathering area just beyond the doors of the church proper). Other restrooms may be found up the ramp and stairs at the east side of the narthex. ♦ **Hearing assistance devices**, with reinstructions, may be found in and borrowed from a basket on a narthex table.



Covenant for Our Common Life and Witness

We, the members, staff, and clergy of Emmanuel Episcopal Church, aspire to personally and collectively demonstrate and advocate the following principles in all of our relationships.

- 1. We Demonstrate Christ's Command to Love One Another**, treating all with generosity, kindness, and empathy. *"My command is this: Love each other as I have loved you."* John 15:12
- 2. We Respect the Dignity of Every Person**, listening to one another and honoring differences.
Jesus said, *"In everything do to others as you would have them do to you; for this is the law and the prophets."* Matthew 7:12
- 3. We Speak Truth in Love**, sharing our hopes, concerns, and perspectives in a spirit of collaboration.
"Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body." Ephesians 4:25
- 4. We Promptly Address Conflicts and Pursue Reconciliation**, whenever and with whomever it is needed, seeking to heal and restore broken relationships.
"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." Ephesians 4:32
- 5. We Promote Unity**, acknowledging that we share a love for this community and its future.
"Make every effort to keep the unity of the Spirit through the bond of peace." Ephesians 4:3
- 6. We Practice Humility**, recognizing the needs, concerns and interests of others alongside our own.
"Do nothing out of selfish ambition or vain conceit." Philippians 2:3a. *"What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?"* Micah 6:8
- 7. We Pray For Each Other, the Church, Our Community, and Our World.**
"I urge, then, first of all, that petitions, prayers, intercessions and thanksgiving be made for all people." 1 Timothy 2:1

By way of this covenant, we seek to share in a parish community that reflects Christ's love and peace to all, where every person is valued and respected, and where we work together for the common good of the church, our community and our world.

Clergy and Staff: The Rev. Patrick Raymond, Interim Rector; Fred McIlroy, Director of Music;
Julene Levin, Parish Administrator; John Pritchard, Bookkeeper

2026 Emmanuel Vestry: Michael Spencer, Senior Warden; Pat Angell (Treasurer), Janet Bell, Stacy Dimmich, Nathan Ihle, Sandy Maloof, Leslie Moore, Marcia Palk, Sue Stiles, Jon Fedele (clerk) askvestry@emmanuelmi.org