



Emmanuel Church

The Episcopal Church on Mercer Island



“Now there was a Pharisee named Nicodemus, a leader of the Jews.
He came to Jesus by night ...” John 3:1-2a

THE HOLY EUCHARIST
THE SECOND SUNDAY IN LENT
MARCH 1, 2026

WELCOME GUESTS & VISITORS



We are grateful that you have joined us!

Some notes that may be of help in getting to know us may be found on the inside back cover of this worship leaflet. All that you will need to take part in worship may be found here in this worship leaflet and in the blue Hymnal 1982.

Please let us know how we may better welcome you.

THE HOLY EUCHARIST

10:00 PROCESSION - Hymnal 1982, #147 “Now let us all with one accord”

A PENITENTIAL ORDER

The people standing, the Celebrant says

Bless the Lord who forgives all our sins.

People **God’s mercy endures for ever.**

The Decalogue *All kneel, as able, or sit.*

Celebrant Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

People **Amen. God have mercy.**

Celebrant You shall not make for yourself any idol.

People **Amen. God have mercy.**

Celebrant You shall not invoke with malice the Name of the Lord your God.

People **Amen. God have mercy.**

Celebrant Remember the Sabbath Day and keep it holy.

People **Amen. God have mercy.**

Celebrant Honor your father and your mother.

People **Amen. God have mercy.**

Celebrant You shall not commit murder.

People **Amen. God have mercy.**

Celebrant You shall not commit adultery.

People **Amen. God have mercy.**

Celebrant You shall not steal.

People **Amen. God have mercy.**

Celebrant You shall not be a false witness.

People **Amen. God have mercy.**

Celebrant You shall not covet anything that belongs to your neighbor.

People **Amen. God have mercy.**

Celebrant Let us confess our sins against God and our neighbor.

Minister and People Most merciful God, our Creator,
we have erred and strayed from your ways like lost sheep,
we have followed too much the devices and desires of our own hearts,
we have offended against your holy laws,
we have left undone those things which we ought to have done,
and we have done those things which we ought not to have done.
Even so, have mercy on us,
spare all who confess their faults,
restore all who are penitent,
according to your promises declared unto us
in Christ Jesus our Savior;
and grant, for his sake,
that we may hereafter live a godly, righteous, and sober life,
to the glory of your holy Name. Amen.

The Kyrie

8:00 a.m. *In unison, kneeling as able.*

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

10:00 a.m. *All sing*

Lord, have mer - cy up - on us. Lord, have mer - cy up -
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -
on us. Lord, have mer - cy up - on us.
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

The Absolution

Celebrant

The God of all knowing and all mercy grant you forgiveness of all your sins,
true repentance, amendment of life, and the grace and consolation of his
Holy Spirit. *Amen.*

THE COLLECT OF THE DAY

Celebrant God be with you.

People **And also with you.**

Celebrant Let us Pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

THE LESSONS

A READING FROM THE HEBREW SCRIPTURES – Genesis 12:1-4a

Lector A reading from the Book of Genesis.

The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.” So Abram went, as the Lord had told him; and Lot went with him.

Lector Hear what the Spirit is saying to God’s people.

People **Thanks be to God.**

THE PSALM – 121 *Levavi oculos*

8:00 Read Responsively, 10:00 Sung by The Choir

- 1 I lift up my eyes to the hills; *
from where is my help to come?
- 2 My help comes from the Lord, *
the maker of heaven and earth.
- 3 He will not let your foot be moved *
and he who watches over you will not fall asleep.
- 4 Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;
- 5 The Lord himself watches over you; *
the Lord is your shade at your right hand,
- 6 So that the sun shall not strike you by day, *
nor the moon by night.

7 The Lord shall preserve you from all evil; *

it is he who shall keep you safe.

8 The Lord shall watch over your going out and

your coming in, *

from this time forth for evermore.

A READING FROM THE EPISTLES – Romans 4:1-5, 13-17

Lector A reading from the Letter of Paul to the Romans.

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Lector Hear what the Spirit is saying to God’s people.

People **Thanks be to God.**

10:00 THE GRADUAL – Hymnal 1982, #440 “Blessed Jesus, at thy word”

THE HOLY GOSPEL – John 3:1-17

All standing, the Minister says to the People

God be with you.

People **And also with you.**

Priest The Holy Gospel of our Savior Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus

answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?"

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

After the Gospel the Minister says

The Gospel of our Savior.

People **Praise to you, Lord Christ.**

THE SERMON The Reverend Patrick Raymond

THE NICENE CREED

Enriching Our Worship

All stand, as able, and say together

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit
and the Virgin Mary
and became truly human.
For our sake he was crucified under
Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the
Father.

He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father,
who with the Father and the Son
is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and
apostolic Church.
We acknowledge one baptism
for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The Intercessor begins: With all our heart and with all our mind, let us pray, saying "God, have mercy."

For the holy peace from above and the loving-kindness of God to be known in us and through us; for Archbishop Sarah, for our Presiding Bishop Sean, our bishop Phil, and the people and clergy of this parish and diocese; and for the unity and witness of the Church throughout the world:

Let us pray. *God, have mercy.*

For the integrity and wisdom of all who serve and lead, in our communities, in our state and nation, and throughout the world; for peace and greater mutual understanding wherever there is conflict:

Let us pray. *God, have mercy.*

For those without work or homes; for migrants and prisoners; for all who are vulnerable, in danger or fearful, and those who advocate and care for them: Let us pray. *God, have mercy.*

For those for whom our prayers have been asked, including _____, and others known to us for whom we now pray aloud or silently. [*Pause.*] Let us pray. *God, have mercy.*

For the faith, hope and delight of those celebrating birthdays today or in the coming week, including _____, and recalling as well, aloud or silently, our other thanksgivings. [*Pause.*]

Let us pray. *God, have mercy.*

For the dying; for all who have died in the hope of the resurrection; and for all the departed [including _____]: Let us pray. *God, have mercy.*

The Celebrant adds the following, or another Collect.

Direct us, O Lord, in all our doings with your most gracious favor, and further us with your continual help; that in all our works begun, continued, and ended in you, we may glorify your holy Name, and finally, by your mercy, obtain everlasting life; through Jesus Christ our Lord. *Amen.*

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.** *Please share the Peace of Christ with others.*

ANNOUNCEMENTS

THE LITURGY OF THE TABLE

Part of our spiritual practice as Christians is to support the mission of the church through financial donations. You may give in the plate or online using PayPal. To donate via PayPal, simply scan this QR code and follow the instructions.



Information on receiving Communion may be found on page 15.

10:00 OFFERTORY - "God So Loved the World"

John Stainer

10:00 OFFERTORY HYMN – Hymnal 1982, #691 "My faith looks up to thee"

THE GREAT THANKSGIVING *Eucharistic Prayer A, The Book of Common Prayer (Expanded Language)*

The People remain standing, as able.

Celebrant God be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth.

Through Jesus Christ our Savior, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

8:00 **Holy, holy, holy Lord, God of power and might,
 heaven and earth are full of your glory.
 Hosanna in the highest.
 Blessed is he who comes in the name of the Lord.
 Hosanna in the highest.**

10:00



Ho - ly, ho - ly, ho - ly, Lord God of



Hosts: Hea - ven and earth are full of thy glo - ry. Glo -



- ry be to thee, O Lord Most High. Bless - ed is he that com - eth



in the name of the Lord. Ho - san - na in the high - est.

The People stand or kneel as the Celebrant continues

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker and of all. Jesus stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People **Christ has died.**
Christ is risen.
Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now as our savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven,	as we forgive those who trespass against us.
hallowed be thy Name,	And lead us not into temptation,
thy kingdom come, thy will be done,	but deliver us from evil.
on earth as it is in heaven.	For thine is the kingdom,
Give us this day our daily bread.	and the power, and the glory,
And forgive us our trespasses,	for ever and ever. Amen

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread. A period of silence is kept.

THE AGNUS DEI

8:00 *Celebrant* Lamb of God, you take away the sin of the world,
People **have mercy on us.**
Celebrant Lamb of God, you take away the sin of the world,

People **have mercy on us.**
Celebrant Lamb of God, you take away the sin of the world,
People **grant us your peace.**

10:00

O Lamb of God, that ta - kest a -
 way the sins of the world, have mer - cy up -
 on us. O Lamb of God. that
 ta - kest a - way the sins of the world, have
 mer - cy up - on us. O Lamb of
 God, that ta - kest a - way the sins of the
 world, grant us thy peace.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to participate in communion at Emmanuel. Primarily our communion takes place at the altar rail. You can stand or kneel. If you want to abstain from the bread or wine, please cross your arms over your chest to receive a blessing. Gluten-free wafers are available. If the steps to the altar rail present a challenge for you, you may stand at the bottom of the stairs, or ask an usher to have communion brought to you in your seat.

10:00 COMMUNION HYMN – Hymnal 1982, #313 “Let thy blood in mercy poured”

POST-COMMUNION PRAYER. *Please stand or kneel as you are able.*

Celebrant Let us pray.

All Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Christ, and heirs of your eternal kingdom. And now, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

BIRTHDAYS, ANNIVERSARIES, AND GENERAL THANKSGIVINGS

Those celebrating a birthday or anniversary are welcomed to come forward. Led by the Celebrant, all pray:

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes all understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

THE SOLEMN PRAYER OVER THE PEOPLE

Celebrant Humble yourself before the Lord.

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. **Amen.**

10:00 PROCESSION – Hymnal 1982, #151 “From deepest woe I cry to thee”

THE DISMISSAL *All respond:* **Thanks be to God.**

VOLUNTARY

Welcome Guests & Visitors

+ Welcome to the Episcopal Church. The mission of the Episcopal Church, as stated in our Book of Common Prayer, is “*to restore all people to unity with God and each other in Christ.*” We seek to follow Jesus in loving and life-giving relationships with God, with one another, with all people, and with all God’s creation. Our worship, beliefs and practices are diverse and reflect influences from Roman Catholic, Protestant and Orthodox traditions as well as on going reflection and prayer about what it means to believe in and follow Jesus Christ in a rapidly changing world. We Episcopalians are also known as Anglicans, part of the worldwide Anglican Communion with origins and ongoing ties to the Church of England.

+ Welcome to Emmanuel Episcopal Church. We trace our history on Mercer Island to a first worship service in 1909 and to a prior church building, built in 1914, in an area of the island once known as East Seattle. We have met, worshiped, served at and gone forth in faith from the present church since 1959.

+ Welcome to Our Worship Today. The order for worship that we call the Holy Eucharist is printed on the following pages; hymns are found in the blue Hymnal 1982 or printed in the order of worship. We begin with the Liturgy of the Word: Bible readings, a sermon, an affirmation of faith, prayers, and greeting one another at the Peace. All this prepares us for the Eucharist itself — the word is derived from the biblical Greek word for thanksgiving. Here and elsewhere it may also be called Holy Communion, the Lord’s Supper or the Mass.

+ Welcome to Communion. The Real Presence of Christ in the blessed bread and wine is a primary belief in our Anglican tradition. Here at Emmanuel, any and all who are drawn to do so may receive Communion. Additional notes may be found at the appropriate place in today’s printed order of worship.

+ Welcome to Getting Around Here.

◆ **Our nursery and ministries with young children** are offered in various ways at various times. Please inquire with an usher, the clergy or other parents, or look for information on our website.

◆ **An accessible restroom** may be found across from the stairway outside the west doors of the narthex (the gathering area just beyond the doors of the church proper). Other restrooms may be found up the ramp and stairs at the east side of the narthex.

◆ **Hearing assistance devices**, with reinstructions, may be found in and borrowed from a basket on a narthex table.

Please let us know how we may better welcome you.



Covenant for Our Common Life and Witness

We, the members, staff, and clergy of Emmanuel Episcopal Church, aspire to personally and collectively demonstrate and advocate the following principles in all of our relationships.

- 1. We Demonstrate Christ's Command to Love One Another**, treating all with generosity, kindness, and empathy. *"My command is this: Love each other as I have loved you."* John 15:12
- 2. We Respect the Dignity of Every Person**, listening to one another and honoring differences.
Jesus said, *"In everything do to others as you would have them do to you; for this is the law and the prophets."* Matthew 7:12
- 3. We Speak Truth in Love**, sharing our hopes, concerns, and perspectives in a spirit of collaboration.
"Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body." Ephesians 4:25
- 4. We Promptly Address Conflicts and Pursue Reconciliation**, whenever and with whomever it is needed, seeking to heal and restore broken relationships.
"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you." Ephesians 4:32
- 5. We Promote Unity**, acknowledging that we share a love for this community and its future.
"Make every effort to keep the unity of the Spirit through the bond of peace." Ephesians 4:3
- 6. We Practice Humility**, recognizing the needs, concerns and interests of others alongside our own.
"Do nothing out of selfish ambition or vain conceit." Philippians 2:3a. *"What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?"* Micah 6:8
- 7. We Pray For Each Other, the Church, Our Community, and Our World.**
"I urge, then, first of all, that petitions, prayers, intercessions and thanksgiving be made for all people." 1 Timothy 2:1

By way of this covenant, we seek to share in a parish community that reflects Christ's love and peace to all, where every person is valued and respected, and where we work together for the common good of the church, our community and our world.

Clergy and Staff: The Rev. Patrick Raymond, Interim Rector; Fred McIlroy, Director of Music;
Julene Levin, Parish Administrator; John Pritchard, Bookkeeper

2025 Emmanuel Vestry: Michael Spencer, Senior Warden; Janet Bell, Jon Fedele, Sandy Maloof, Leslie Moore,
Polly Ogden, Marcia Palk, Jeff Zantek; Sue Stiles, Treasurer. askvestry@emmanuelmi.org