



Jesus said, “*You are the salt of the earth ...*” - Matthew 5:13

THE HOLY EUCHARIST

THE FIFTH SUNDAY AFTER THE EPIPHANY
FEBRUARY 8, 2026

WELCOME GUESTS & VISITORS



We are grateful that you have joined us!

Some notes that may be of help in getting to know us may be found on the inside back cover of this worship leaflet. All that you will need to take part in worship may be found here in this worship leaflet and in the blue Hymnal 1982.

Please let us know how we may better welcome you.

THE HOLY EUCHARIST

PRELUDE

8:00 a.m. *The People stand as the Ministers enter*

10:00 a.m. *The Celebrant bids the People to stand as able.*

THE OPENING ACCLAMATION

Celebrant Blessed be the one, holy, and living God.

People **Glory to God for ever and ever.**

THE COLLECT FOR PURITY *Said by all*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

8:00 KYRIE ELEISON *Said by all.*

Celebrant Lord, have mercy.

People **Christ, have mercy.**

Celebrant Lord, have mercy.

10:00 PROCESSION – Hymnal 1982 #497 “How bright appears the morning star”

THE COLLECT OF THE DAY

Celebrant God be with you.

People **And also with you.**

Celebrant Let us Pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

THE LESSONS

A READING FROM THE HEBREW SCRIPTURES – Isaiah 58:1-9a

Lector A reading from the Prophet Isaiah.

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God. “Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

Lector Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

THE PSALM – 112:1-10

Read Responsively

- 1 Hallelujah! Happy are they who fear the Lord *
and have great delight in his commandments!
- 2 Their descendants will be mighty in the land; *
the generation of the upright will be blessed.
- 3 Wealth and riches will be in their house, *
and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; *
the righteous are merciful and full of compassion.
- 5 It is good for them to be generous in lending *
and to manage their affairs with justice.
- 6 For they will never be shaken; *
the righteous will be kept in everlasting remembrance.
- 7 They will not be afraid of any evil rumors; *
their heart is right; they put their trust in the Lord.
- 8 Their heart is established and will not shrink, *
until they see their desire upon their enemies.
- 9 They have given freely to the poor, *
and their righteousness stands fast for ever;
they will hold up their head with honor.
- 10 The wicked will see it and be angry; they will gnash their teeth and pine away; *
the desires of the wicked will perish.

A READING FROM THE EPISTLES – 1 Corinthians 2:1-12

Lector A reading from the First Letter of Paul to the Corinthians.

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard, nor the human heart conceived,
what God has prepared for those who love him”—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Lector Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

10:00 THE GRADUAL – Hymnal 1982, #126 “The people who in darkness walked”

THE HOLY GOSPEL – Matthew 5:13-20

All standing, the Minister says to the People

God be with you.

People **And also with you.**

Priest The Holy Gospel of our Savior Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

After the Gospel the Minister says

The Gospel of our Savior.

People **Praise to you, Lord Christ.**

THE SERMON The Reverend Patrick Raymond

THE NICENE CREED

All stand, as able, and say together

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit
and the Virgin Mary
and became truly human.
For our sake he was crucified under
Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the
Father.

He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father,
who with the Father and the Son
is worshiped and glorified,
who has spoken through the prophets.

We believe in one holy catholic and
apostolic Church.

We acknowledge one baptism
for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Leader: I ask your prayers for true and lasting peace and justice throughout the world; for goodwill among all nations; and for the well-being of all people.

People: We pray for justice and peace. *Pause*

I ask your prayers for those known to us who are in any need or trouble, including _____, and all others, wherever they may be, who are sick, fearful, poor, or lonely.

People: We pray for those in any need or trouble. *Pause*

I ask for your prayers with thanksgiving for those known to us who celebrate birthdays this week [including _____], and for our other blessings.

People: We give thanks for blessings in the lives of others and in our own lives. *Pause*

I ask your prayers for all who seek God, or a deeper knowledge of God.

People: We pray that they may find and be found by God. *Pause*

Enriching Our Worship

I ask your prayers for the dying, the dead, and those who mourn [remembering especially _____]. Praise God for those in every generation in whom Christ has been honored.

People: We pray that we may have grace to glorify Christ in our own day. *Pause*

I ask your prayers for God's people throughout the world: for Sean, our Presiding Bishop, for Phil, our Bishop, and the members of his staff; for all laypersons and clergy who serve and lead throughout our diocese; and for the well-being and faith of all in this parish family.

People: We pray for all throughout the Church, and for our own faith, fellowship and witness.

The Celebrant adds this or another Collect

Jesus, Light of the world, you know our hearts, our lives, and our world. Mercifully hear and accept our prayers, and strengthen us to do your will in all things, at all times, for we pray in your holy name. *Amen.*

THE CONFESSION

After a brief silence, the Celebrant says

Let us confess our sins to God.

Minister and People

God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.

We have denied your goodness in each other,
in ourselves, and in the world you have created.

We repent of the evil that enslaves us,
the evil we have done, and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. *Amen.*

ABSOLUTION

Celebrant Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

THE PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.** *Please share the Peace of Christ with others.*

ANNOUNCEMENTS

THE LITURGY OF THE TABLE

Part of our spiritual practice as Christians is to support the mission of the church through financial donations. You may give in the plate or online using PayPal. To donate via PayPal, simply scan this QR code and follow the instructions.



Information on receiving Communion may be found on page 15.

10:00 OFFERTORY

10:00 OFFERTORY HYMN – Hymnal 1982, #488 “Be thou my vision, O Lord of my heart”

THE GREAT THANKSGIVING

Eucharistic Prayer B, Expanded Language

The people remain standing. The Celebrant says

God be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift our hearts to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of Jesus Christ our savior.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

8:00

**Holy, holy, holy Lord, God of power and might,
Heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

10:00

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heaven and earth are full of your glo - ry. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is he who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

The People stand or kneel.

Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in Jesus Christ, the Word made flesh. For in these last days you sent Jesus to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Christ, you have delivered us from evil, and made us worthy to stand before you. In Christ, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

Celebrant and People

We remember Christ's death,
We proclaim Christ's resurrection,
We await Christ's coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Savior of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us in the sacrifice of Jesus Christ, through whom we are acceptable to you, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Savior, the firstborn of all creation, the head of the Church, and the author of our salvation.

By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. AMEN.

And now as our savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,

as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread. A period of silence is kept after which the Celebrant says Alleluia. Christ our Passover is sacrificed for us;

People Therefore let us keep the feast. Alleluia.

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All are welcome to participate in communion at Emmanuel. Primarily our communion takes place at the altar rail. You can stand or kneel. If you want to abstain from the bread or wine, please cross your arms over your chest to receive a blessing. Gluten-free wafers are available. If the steps to the altar rail present a challenge for you, you may stand at the bottom of the stairs, or ask an usher to have communion brought to you in your seat.

10:00 COMMUNION HYMN – Hymnal 1982, #505 “O spirit of life, O spirit of God”

POST-COMMUNION PRAYER. *Please stand or kneel as you are able.*

Celebrant Let us pray.

All Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of Christ, and heirs of your eternal kingdom. And now, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Savior. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

BIRTHDAYS, ANNIVERSARIES, AND GENERAL THANKSGIVINGS

Those celebrating a birthday or anniversary are welcomed to come forward. Led by the Celebrant, all pray:

Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace which passes all understanding abide all the days of their lives; through Jesus Christ our Lord. Amen.

THE BLESSING *Said by the Celebrant; all respond 'Amen'.*

May the peace of God that passes all understanding, keep your hearts and minds in the knowledge and love of God and of our savior Jesus Christ; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, abide within you, be known among you, and go forth with you into the world, now and always. *Amen.*

10:00 PROCESSION – Hymnal 1982, #667 “Sometimes a light surprises”

THE DISMISSAL *All respond: Thanks be to God.*

VOLUNTARY

Almighty God, giver of every good gift:
Look graciously on your Church,
and so guide the minds of those who shall
choose a new priest for Emmanuel Church,
that we may receive a faithful pastor,
who will care for your people, inspire our faith,
and equip us for our ministries;
through Jesus Christ our Lord. *Amen.*

Adapted from the Book of Common Prayer, p. 818

Welcome Guests & Visitors

+ Welcome to the Episcopal Church. The mission of the Episcopal Church, as stated in our Book of Common Prayer, is “*to restore all people to unity with God and each other in Christ.*” We seek to follow Jesus in loving and life-giving relationships with God, with one another, with all people, and with all God’s creation. Our worship, beliefs and practices are diverse and reflect influences from Roman Catholic, Protestant and Orthodox traditions as well as on going reflection and prayer about what it means to believe in and follow Jesus Christ in a rapidly changing world. We Episcopalians are also known as Anglicans, part of the worldwide Anglican Communion with origins and ongoing ties to the Church of England.

+ Welcome to Emmanuel Episcopal Church. We trace our history on Mercer Island to a first worship service in 1909 and to a prior church building, built in 1914, in an area of the island once known as East Seattle. We have met, worshiped, served at and gone forth in faith from the present church since 1959.

+ Welcome to Our Worship Today. The order for worship that we call the Holy Eucharist is printed on the following pages; hymns are found in the blue Hymnal 1982 or printed in the order of worship. We begin with the Liturgy of the Word: Bible readings, a sermon, an affirmation of faith, prayers, and greeting one another at the Peace. All this prepares us for the Eucharist itself — the word is derived from the biblical Greek word for thanksgiving. Here and elsewhere it may also be called Holy Communion, the Lord’s Supper or the Mass.

+ Welcome to Communion. The Real Presence of Christ in the blessed bread and wine is a primary belief in our Anglican tradition. Here at Emmanuel, any and all who are drawn to do so may receive Communion. Additional notes may be found at the appropriate place in today’s printed order of worship.

+ Welcome to Getting Around Here.

♦ **Our nursery and ministries with young children** are offered in various ways at various times. Please inquire with an usher, the clergy or other parents, or look for information on our website.

♦ **An accessible restroom** may be found across from the stairway outside the west doors of the narthex (the gathering area just beyond the doors of the church proper). Other restrooms may be found up the ramp and stairs at the east side of the narthex.

♦ **Hearing assistance devices**, with instructions, may be found in and borrowed from a basket on a narthex table.

Please let us know how we may better welcome you.

Defenceless under the night
Our world in stupor lies;
Yet, dotted everywhere,
Ironic points of light
Flash out wherever the Just
Exchange their messages:
May I, composed like them
Of Eros and of dust,
Beleaguered by the same
Negation and despair,
Show an affirming flame.

From the poem *September 1, 1939*
by W.H. Auden



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Covenant for Our Common Life and Witness

We, the members, staff, and clergy of Emmanuel Episcopal Church, aspire to personally and collectively demonstrate and advocate the following principles in all of our relationships.

1. **We Demonstrate Christ's Command to Love One Another**, treating all with generosity, kindness, and empathy. *"My command is this: Love each other as I have loved you."* John 15:12
2. **We Respect the Dignity of Every Person**, listening to one another and honoring differences. Jesus said, *"In everything do to others as you would have them do to you; for this is the law and the prophets."* Matthew 7:12
3. **We Speak Truth in Love**, sharing our hopes, concerns, and perspectives in a spirit of collaboration. *"Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body."* Ephesians 4:25
4. **We Promptly Address Conflicts and Pursue Reconciliation**, whenever and with whomever it is needed, seeking to heal and restore broken relationships. *"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."* Ephesians 4:32
5. **We Promote Unity**, acknowledging that we share a love for this community and its future. *"Make every effort to keep the unity of the Spirit through the bond of peace."* Ephesians 4:3
6. **We Practice Humility**, recognizing the needs, concerns and interests of others alongside our own. *"Do nothing out of selfish ambition or vain conceit."* Philippians 2:3a. *"What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?"* Micah 6:8
7. **We Pray For Each Other, the Church, Our Community, and Our World.** *"I urge, then, first of all, that petitions, prayers, intercessions and thanksgiving be made for all people."* 1 Timothy 2:1

By way of this covenant, we seek to share in a parish community that reflects Christ's love and peace to all, where every person is valued and respected, and where we work together for the common good of the church, our community and our world.

Clergy and Staff: The Rev. Patrick Raymond, Interim Rector; Fred McIlroy, Director of Music; Julene Levin, Parish Administrator; John Pritchard, Bookkeeper

2025 Emmanuel Vestry: Michael Spencer, Senior Warden; Pat Angell, Janet Bell, Stacy Dimmich, Nathan Ihle, Sandy Maloof, Leslie Moore, Marcia Palk, Sue Stiles. askvestry@emmanuelmi.org